Churchfields News

Quality First Education Trust

Churchfields Road, Beckenham, Kent, BR3 4QY Tel: 020 86505247

20 November 2026





Dear Churchfields Families,

This anti-bullying week has focused on Break the Silence – speaking out if you see or hear something you know is unkind or wrong. Children have had assemblies and PSHE lessons to think and learn about this theme, which is an important message to learn. It can sometimes be uncomfortable to be the person who calls out the behaviour of another but as part of our Golden Rule and our ACE Vision, we teach and recognise that it is everyone's responsibility to keep ourself and others safe and to be an active member of our community.



As we enter the time of year when germs and bugs are at their most prevalent, we have reiterated to the children the importance of hand washing. This poster has been shared with all children and has replaced our old hand washing posters in toilets & classrooms. We also have an assembly coming up soon around the importance of hand hygiene from one of our parents who is a healthcare professional.

At the end of this newsletter is a guidance sheet from the NHS detailing when children should and shouldn't attend school when they have a common illness. This may be useful to you.

Our Open Morning for prospective families was this week. It was a busy and bustling morning in school and we were able to show our visitors what wonderful children we have, great learning we do and share our fantastic site and facilities.

THANK YOU to all the parents who volunteered for the morning and led tours around the school. We couldn't have done it without you!



This week, Year Six visited Chislehurst Caves as part of their World War 2 history topic. They had a fantastic visit, really getting an experience of what it may have been like during an air raid in The Blitz. They then really enjoyed discussing and sharing their learning with Mr German, Head of Orion Eden Park, who visited us on Friday morning.

Wishing you all a wonderful weekend.

Sally White
Headteacher

Thunk of the Week!

This week's Thunk: **Can something be special if everyone has one?**

Follow us on social: @churchfields_primary (school) @churchfieldsprimarypta (PTA)

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Important dates for your diary:

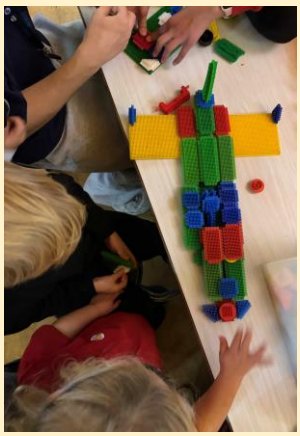
SEND Mainstream Coffee Morning – Monday 23 November, 9am
Jackdaw Class Assembly – Tuesday 24 November, 2.45pm, Main Hall
UK Parliament Week – Monday 23 – Friday 27 November
ARC Coffee Afternoon – Wednesday 2 December, 2.15-3pm
PTA Christmas Fair – Saturday 5 December
Reception Nativity play for families – Tuesday 8 December, 9.30am.
Year 1 & 2 Nativity play to Year 1 families – Friday 11 December, 9.30am
Year 1 & 2 Nativity play to Year 2 families – Monday 14 December, 9.30am
Years 3, 4, 5 & 6 Carol concert – Tuesday 15 December, 2pm
Churchfields Got Talent – Thursday 17 December, 2pm
Christmas Jumper Day and Christmas Lunch – Friday 18 December
Last Day of Autumn Term 2 – Friday 18 December

Events in **black** are for the whole school, events in **blue relate to SEND**, **green for Nursery – Year 2**, and **orange for Years 3 – 6.**

Term dates are available on our website.

After School Club

There was some great construction play in after school club this week - children from all different year groups collaborating to work and play together.





Dogs on Site

Please remember we are a dog free site. This includes carrying dogs into the playground and tying dogs up at the gate. Many children (and adults) are scared of dogs, especially when they bark, and it can be distressing. Thank you for your support in helping the whole community to feel safe.

Lost Ring

A ring was found by the bike sheds recently and has been handed into the office. Please contact the office if you think it may be yours.

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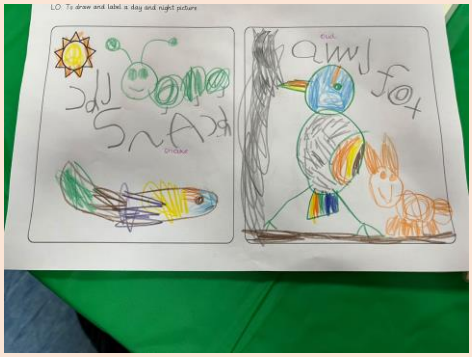
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Year Group Updates

Reception have been making Autumn and nocturnal animals with loose parts as well as learning to label things independently. In the child-initiated learning time in the afternoon, they answered the question 'how many sides does a star have?'

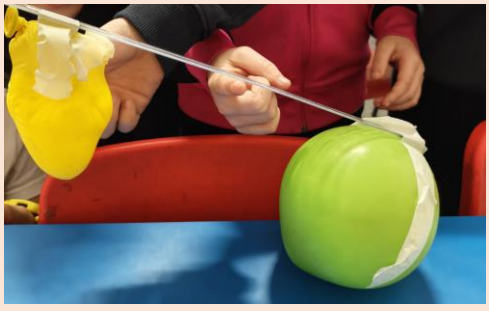





In Science, **Year 4** have been investigating these three questions for their unit on states of matter:

Does gas have weight?
Can gas be made from a solid and a liquid?
What happens to gas when it is heated?



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Winter Holidays Activity Camps



To find out more or book your place, visit our website.

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38ºC or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'