



Upcoming dates:

Monday 21st October

- **Deadline** to respond to the anonymous, 5 minute Smartphone Free Childhood Survey (see next page)

Tuesday 22nd October

- Reception Open Classrooms – 2.45pm
- Parent Gym taster session, 2 – 3pm at school
- ARC Magnolia Parent/Carer Evening (no meetings on Thursday 24th)

Wednesday 23rd and Thursday 24th October

- Parent/Carer Evenings to meet with teachers, 3.45 – 6.30pm

Thursday 24th October

- **Reminder:** NHS flu vaccinations in school – parents/carers need to contact NHS directly [CLICK HERE](#) to accept or decline the vaccination **by midnight 18th October**

Friday 25th October

- PTA discos for children after school
- Headteacher's survey closes today [Parent/Carer Feedback October 2024](#)

Monday 28th October to Friday 1st November

- **School closed** – half term holiday
- Childcare available on site [Click here for details and to book](#)

Monday 4th November

- **School closed** – INSET day

Tuesday 5th November

- Children's first day back, start and finish at the usual times

Wednesday 6th November

- Poet Karl Nova in school with Years 3, 4, 5 and 6 (postponed from October)

Thursday 7th November

- PTA meeting, 7pm at school – everyone welcome

Tuesday 12th November

- Individual and sibling group photographs taken in school, QR code will be sent home if you wish to purchase copies

Wednesday 13th November

- Year 6 trip to Chislehurst Caves
- EYFS (Nursery and Reception) coffee morning, 9am at school
- Workshop - Helping your child manage their emotions with Zones of Regulation, 9.15am at school



Message from the Headteacher

Dear Parents and Carers,

As we head towards the final week of the Autumn 1 term there is lots going on. Thank you for all of your **donations** to the Harvest Festival and the Bromley Brighter Beginnings Christmas Bag campaign – we have a wonderfully generous community and it is much appreciated. There are **only 6 spaces left** on our first Parent Gym course – do sign up quickly if you would like a free place. As I wrote to you last week, we are supporting the **Smartphone Free Childhood** campaign – please do share your views on the survey below by Monday. And of course, we have our first **parent/carer evenings** of the year next week – do sign up for an appointment if you haven't already done so.

I hope you have a wonderful weekend,

Sarah Atherton

Headteacher



SMARTPHONE FREE CHILDHOOD

Parent & carer survey to gather opinions on children owning and using smartphones

Hello,

We're writing today as part of the [Smartphone Free Childhood](#) campaign to invite you to take part in a short survey to gauge wider opinion on children owning smartphones.

We are conscious that this can be a controversial subject and that everyone wants to do what's best for their children. You may already know your stance and we're certainly not trying to overrule personal decisions. However, unequivocal research is finding that despite all the benefits of keeping in touch, young people's mental health and wellbeing is increasingly being damaged by smartphone usage. A [global study](#) produced last year found a strong link between the age a child first starts using a phone/tablet and their mental health as young adults.

With this in mind, we would like to be proactive as a community and take steps to help protect and support our children while we still can. We are mindful that this technology is here to stay, and it does present many benefits and opportunities, so we are keen to ensure our children navigate and engage with it in a positive way.

The **survey should only take 5 minutes and is completely anonymous**. We would like to hear your views and appreciate and thank you for your time in completing it. <https://forms.gle/8vpi1DqoY49qb81v8>

We will share a full report of the survey findings and proposed next steps as soon as possible.

Best wishes

Nicki Doyle, Kath Myers, Elle Whiteley

(on behalf of the Smartphone Free Churchfields WhatsApp group*)

<https://smartphonefreechildhood.co.uk/>



Sports News



On Saturday 12th October, 29 of our keenest Year 5 and 6s completed the annual **Crystal Palace cross-country** run. It was an amazing event where the children showed their grit and determination across the 2km course, competing with hundreds of children from across the borough. Particularly well done to Maya from Cypress who finished 6th in her race in a time of 8 minutes 30 seconds, leading the team of Year 5 girls to 7th place overall. Thank you to Mr Sweeney, Mr Matthews and Mrs Wakefield for supporting the teams in training and on the big day!



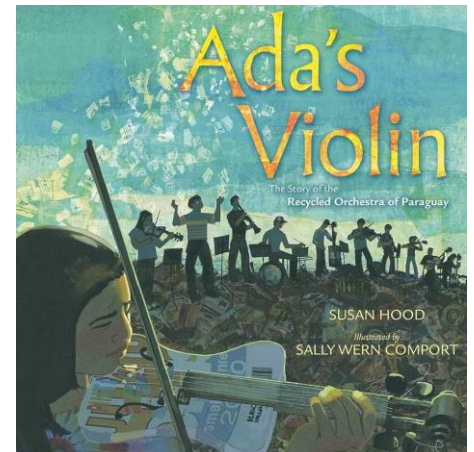
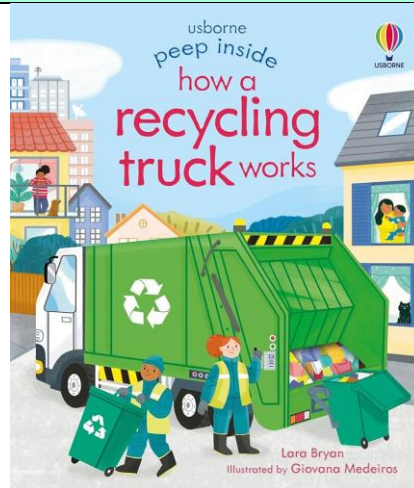
Churchfields News



Quality First
Education Trust

Churchfields Road, Beckenham, Kent, BR3 4QY Tel: 020 86505247

What have we been learning about in assembly?



To recognise recycling week, we have been looking at examples of recycling and reusing waste materials. Our youngest children found out about what happens to our recycling in the UK after we put it in the bin. Our older children learned about Isatou Ceesay and the women of the Gambia who found an ingenious new use for plastic bags left behind. We also learned about the story of the extraordinary true tale of the Recycled Orchestra of Paraguay, an orchestra made up of children playing instruments built from recycled rubbish left in landfill. You can see them perform here: [Click here](#)

Next week's themes: Diwali - Reception to Year 4
Headteacher for the Day – Years 5 and 6

Workshops	Coffee Mornings	Parent/Carer Forums
<p>Find out how we teach and how you can support your child to succeed.</p> <p>Helping your child manage their emotions with Zones of Regulation 13.11.24 – 9.15am at school</p>	<p>Informal meetings with a range of leaders and guest speakers – at school, 9am.</p> <p>Inclusion/SEND 27.11.24 NEW: 22.01.25</p> <p>ARC 11.12.24 05.02.25</p> <p>Early Years (Nursery and Reception) 13.11.24 15.12.25</p>	<p>Ask questions and share your views in an informal meeting with the Headteacher at school.</p> <p>Open forum – any topic 25.11.24, 2pm 24.01.25, 9am 13.03.25, 9am</p> <p>Inclusion/SEND forum 18.11.24, 2pm 29.01.25, 9am 21.03.25, 9am</p>

With all of our busy lives, we know it's not possible to make all meetings available to all parents/carers – we aim to provide the content on our website and/or provide a summary in the next newsletter if you cannot attend.

We also regularly send surveys to families so you can share your views and ideas.



Can you spare some time? Reading volunteers needed



Could you (or any adult family member) spare an hour each week to hear children in our school read?

Last year, we were lucky enough to have a fantastic team of parents who came into school to hear readers from Reception to Year 6. We'd love to hear from you if you would like to help this year.

Volunteers come into school for approximately one hour in the afternoon and we can work around your availability. Training and support on what to do is provided and all help is **hugely** appreciated.

If you are interested, please email admin@churchfields.q1e.org.uk and let us know:

- Your name and best contact email address
- Your children's class/es (we try to place you in a different year group if possible)
- Your availability in the afternoons
- Whether you have volunteered before and attended the zoom training session
- Whether we have previously issued a DBS for you to be a reading volunteer, if not, we can apply for one for you





Churchfields News



Quality First
Education Trust

Churchfields Road, Beckenham, Kent, BR3 4QY Tel: 020 86505247

Class Assemblies 2024/25

Class assemblies will be held in the school's Main Hall, starting promptly at 2.45pm.

Autumn Term

19.11.24 Year 6 Elm
26.11.24 Year 6 Oak

Spring Term

14.01.25 Year 5 Olive
21.01.25 Year 5 Cypress
28.01.25 Year 5 Cherry
04.02.25 Year 4 Aspen
04.03.25 Year 4 Hazel
11.03.25 Year 4 Sycamore
18.03.25 Year 3 Poplar
25.03.25 Year 3 Sumac

Summer Term

06.05.25 Year 2 Hickory
13.05.25 Year 2 Maple
10.06.25 Year 1 Rowan
17.06.25 Year 1 Silver Birch
24.06.25 Reception Palm
01.07.25 Reception Beech

Open Classrooms 2024/25

Come along to the classroom at 2.45pm so the children can show off their learning and work.

Autumn Term

14.10.24 Year 1
16.10.24 Year 2
22.10.24 Reception

Spring term

22.01.25 Reception
27.01.25 Year 1
29.01.25 Year 2
30.01.25 Year 3
03.02.25 Year 5
05.02.25 Year 4
06.02.25 Year 6

Summer Term

05.06.25 Year 6
09.06.25 Reception
12.06.25 Year 1
16.06.25 Year 2
18.06.25 Year 3
19.06.25 Year 4
23.06.25 Year 5

Apple class, ARC Holly and ARC Magnolia will write to you separately about when the children will share their learning with you.

Parent/Carer Evenings 2024/25

Autumn term

Wednesday 23rd October, 3.45 – 6.30pm
Thursday 24th October, 3.45 – 6.30pm

Spring term

Wednesday 12th February, 3.45 – 6.30pm
Thursday 13th February, 3.45 – 6.30pm

Summer term

Wednesday 16th July, 3.45 – 5.30pm

Please note – in the summer term you will receive your child's end of year report before the parent/carers evening.

Special Events 2024/25

- Christmas concerts:
 - Reception: Tuesday 17th December, 9.30am in Main Hall at school
 - Years 1, 2: Monday 16th December, 2pm in Main Hall at school
 - Years 3, 4, 5, 6: Tuesday 17th December, 2pm at St Michael's Church
- World Book day: Thursday 6th March
- Churchfields Culture Celebration Week: Monday 31st March – Friday 4th April
- Sports days on school field:
 - Reception, Year 1, Year 2 and ARC Holly on Friday 23rd May, 9 – 11am
 - Year 3, Year 4, Year 5, Year 6 and ARC Magnolia on Friday 13th June, 9 – 11am



parentgym

Sign up for six weeks of free parenting workshops

Have happier
and more
confident child

Get your
children to open
up and talk
more

Feel calmer
and have more
fun time with
your family

"No matter whether you are acing this parenting game or feel like you are struggling, there are ideas and learnings and sharing opportunities. So grateful to have had access to this resource, so a big thank you to both Parent Gym and my school."

Limited places

Worth £1000 per parent,
available free of charge.



Churchfields News



Quality First
Education Trust

Churchfields Road, Beckenham, Kent, BR3 4QY Tel: 020 86505247

Parent Gym is coming to Churchfields



We know from talking with parents and carers that many of you wonder what you can do to give your children the best start in life (and make your life as a parent/carer a bit easier too).

This is why we're delighted to offer Parent Gym, a well-established, six-week programme that shares and explores practical tips and strategies to make family life easier and help your children thrive. The sessions are run by a trained parenting coach from Parent Gym.

All parents and carers are welcome to apply and places will be filled on a first come first served basis. Through our relationship with Parent Gym, the programme is free of charge to you.

Each weekly session lasts two hours, and will take place in Juniper Room (refreshments available) on Tuesdays as below:

- 22nd October, 2.15 – 3.00pm: Taster (45 mins) – meet the coach, find out about the sessions
- 5th November, 1 – 3pm: Chat (2 hours)
- 12th November, 1 – 3pm: Love (2 hours)
- 19th November, 1 – 3pm: Behave (2 hours)
- 26th November, 1 – 3pm: Care (2 hours)
- 3rd December, 1 – 3pm: Discover (2 hours)
- 10th December, 1 – 3pm: Together (2 hours)

Want to know more? There is a short online video [CLICK HERE](#) or contact Miss McAndrew at school lisa.mcandrew@churchfields.q1e.org.uk

To confirm your place, please register on this link [CLICK HERE TO REGISTER](#)

If we have high demand and run out of places, we will look to run another course in the new year.

Six-week programme session overview





Churchfields News



Quality First
Education Trust

Churchfields Road, Beckenham, Kent, BR3 4QY Tel: 020 86505247



South London
Children and Young
People's Community
Immunisation Service

Protect your child from flu this winter!



The Bromley School Immunisation team
will be visiting your child's school soon



For more information
on the Children's Flu
vaccine, search:
"NHS Children's Flu"

Scan the QR code to
complete the Flu
consent form

Contact the Bexley
School Immunisation
team on: 020 3903 3375



We are part of the Penge School Uniform Hub

Penge School Uniform Hub



Save money and the planet: buy preloved uniform!

**Sense charity shop,
104 High Street, Penge
(next to the Post Office)**

General uniform suitable for all schools available, as well as specifics for Alexandra, St John's and Churchfields Schools, with more coming soon!

Open Mon-Sat 9am-5pm,
Sun 10am-4pm

Organised by Alexandra Junior School PTFA.
For more info, contact: treasurer@ajsptfa.org.uk
Supported by Penge BID



Penge School Uniform Hub!

Pre-loved Churchfields school uniform in sizes age 2 to 15 is now available 7 days a week from the Sense charity shop on Penge High Street. 100s of items in stock - so much it won't all fit on the shop floor, so please ask if you cannot find the size you need. **Dresses, skirts, trousers, shorts, jumpers and cardigans all £1. Polos shirts 50p.** This new collaboration between Sense Penge and multiple local primary schools means that parents now have a single one-stop-shop to find affordable second-hand school uniform for their primary age children.
All proceeds to the Sense charity.



Churchfields News



Quality First
Education Trust

Churchfields Road, Beckenham, Kent, BR3 4QY Tel: 020 86505247

Term Dates 2024/25

Autumn Term 2024	Monday 2nd September 2024	INSET – school closed to children
	Tuesday 3rd September 2024	INSET – school closed to children
	Wednesday 4 th September 2024	Children's first day back – Autumn 1
	Friday 25 th October 2024	Last day of Autumn 1
	Monday 28th October to Friday 1st November 2024	Half Term Holidays
	Monday 4th November 2024	INSET – school closed to children
	Tuesday 5 th November 2024	Children's first day back – Autumn 2
	Friday 20 th December 2024	Last day of Autumn 2
	Monday 23rd December 2024 to Friday 3rd January 2025	Holidays
Spring Term 2025	Monday 6th January 2025	INSET – school closed to children
	Tuesday 7 th January 2025	Children's first day back – Spring 1
	Friday 14 th February 2025	Last day of Spring 1
	Monday 17th to Friday 21st February 2025	Half Term Holidays
	Monday 24 th February 2025	Children's first day back – Spring 2
	Friday 4 th April 2025	Last day of Spring 2
	Monday 7th April to Monday 21st April 2025	Holidays
Summer Term 2025	Tuesday 22nd April 2025	INSET – school closed to children
	Wednesday 23 rd April 2025	Children's first day back – Summer 1
	Monday 5th May 2025	School closed – Bank Holiday
	Friday 23 rd May 2025	Last day of Summer 1
	Monday 26th to Friday 30th May 2025	Half Term Holidays
	Monday 2 nd June 2025	Children's first day back – Summer 2
	Tuesday 22 nd July 2025	Last day of Summer 2 – finish at 1.30pm, After School Club until 4pm



Churchfields News



Quality First
Education Trust

Churchfields Road, Beckenham, Kent, BR3 4QY Tel: 020 86505247

Term Dates 2025/26

Autumn Term 2025	Monday 1st September 2025	INSET – school closed to children
	Tuesday 2nd September 2025	INSET – school closed to children
	Wednesday 3 rd September 2025	Children's first day back – Autumn 1
	Friday 24 th October 2025	Last day of Autumn 1
	Monday 27th October to Friday 31st October 2025	Half Term Holidays
	Monday 3rd November 2025	INSET – school closed to children
	Tuesday 4 th November 2025	Children's first day back – Autumn 2
	Friday 19 th December 2025	Last day of Autumn 2
	Monday 22nd December 2025 to Friday 2nd January 2026	Holidays
Spring Term 2026	Monday 5th January 2026	INSET – school closed to children
	Tuesday 6 th January 2026	Children's first day back – Spring 1
	Friday 13 th February 2026	Last day of Spring 1
	Monday 16th to Friday 20th February 2026	Half Term Holidays
	Monday 23 rd February 2026	Children's first day back – Spring 2
	Friday 27 th March 2026	Last day of Spring 2
	Monday 30th March to Friday 10th April 2026	Holidays
Summer Term 2026	Monday 13th April 2026	INSET – school closed to children
	Tuesday 14 th April 2026	Children's first day back – Summer 1
	Monday 4th May 2026	School closed – Bank Holiday
	Friday 22 nd May 2026	Last day of Summer 1
	Monday 25th to Friday 29th May 2026	Half Term Holidays
	Monday 1 st June 2026	Children's first day back – Summer 2
	Friday 17 th July 2026	Last day of Summer 2 – finish at 1.30pm, After School Club until 4pm