

Churchfields Primary School – After School Tea Menu



Weekly menu

Monday

Tuesday

Wednesday

Thursday

Friday

WEEK 1

Jacket Potato
With Baked Beans
Or Cheese
Milk
Served with
Carrot & Cucumber Sticks

Pesto Style Pasta
Wheat
With Garlic Bread Slice
Wheat, Soybeans
& Seasonal Vegetables

Margherita Pizza
Wheat, Milk
Served with a
Crunchy Mixed Salad

Chow Mein Noodles
Wheat, Eggs, Soybeans
Seasonal Vegetables

Selection of sandwiches
Refer to Catering Manager

WEEK 2

Sweet and Sour Noodles
Wheat, Egg
Seasonal Vegetables

Beef Chilli or Vegetable Chilli
With a Baked Mini Tortilla Wrap
Wheat
Served with Street Corn

Chicken Sausage Roll
Wheat, Sulphites
Or
Vegetarian Sausage Roll
Wheat
Served with Seasonal Vegetables

Jacket Potato with
Cheese
Milk
& Baked Beans

Selection of Sandwiches
Refer to Catering Manager

WEEK 3

Italian Style Tomato Sauce
Served with Penne Pasta
Wheat
Served with Seasonal Vegetables

Vegetable Korma
Served with Rice
& Seasonal Vegetable

Beef or Vegetable Bolognaise
Served with Pasta
Wheat
With Seasonal Vegetables

Jacket Potato
& Baked Beans
Served with
Carrot & Cucumber Sticks
& Coleslaw
Egg, Milk, Mustard

Selection of Sandwiches
Refer to Catering Manager

Available daily

Please ask the catering manager for food allergen information

Fresh Fruit ~ Water

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.